

Foxy Jones

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CHOREO: Mark & Pam Prow, P.O. Box 318, La Porte, TX 77572 281-705-3443 alwaysestit@hotmail.com
SONG: Have You Met Miss Jones?, Bridget Jones Diary Soundtrack CD, track 4. Contact Choreographer for music info
FOOTWORK: Opposite unless noted (Women's footwork in parenthesis)
RHYTHM: Foxtrot RAL Phase V+2 (Ronde & Slip, Split Ronde) +2 unph(Bounce Reverse Fallaway, Promenade Run)
SEQUENCE: INTRO, A, B, C, B, END

INTRO

1-4

BK TO BFLY HINGE; W ROLL TO OP M REC; OP CONTRA CHK MAN TRANS BFLY; HEST CHG;

- QQ-- (QQS) 1 BFLY/RLOD man's R lady's L pointed to side wait drum roll & 2 pickup notes;
--S (QQS) 2 bk R to LOD start LF trn, sd L cont LF body trn hinge line fcg DLW, - (W fwd L, sd R, XLIB, -);
SQ- (SQQ) 3 start RF body trn no weight chg lead W to recover, -, join M's R W's L hands sd R to RLOD, -(W rec R to RLOD start RF trn, sd L cont trn, sd R, -); OP/WALL
SS 4 XLIF to RLOD, - , start RF trn rec R, tch L lead W to fc(W XLIF, -, rec R LF trn fwd L to M); BFLY/BJO/RLOD
start RF trn bk L to DLW (W fwd R outside M start RF turn), -, sd R, draw L to R no weight ; CP/DLC

PART A

1-4

DOUBLE REVERSE; SPLIT RONDE; QUICK ZIGZAG TO RLOD; X-SWL BJO & PNT;

- SS (QQQQ&) 1-2 fwd L start LF trn, -, sd R cont LF trn, -(W bk R, cl L heel turn, fwd R, XLIF/sd R); CP/LOD
SQO (SQ&O) ronde L fwd & CCW, -, XLIB, sd R (W ronde L fwd & CCW, -XLIB/sd R, XLIF); CP/DRW
QQQQ 3 fwd (W bk) start LF trn, sd R , XLIB (W XRIF) start RF trn, sd R; SCAR/DRW
SS 4 fwd L outside W LF trn to BJO/DLW, -, pnt R sd & back (W pnt LF sd & fwd), -; BJO/DLW

5-8

QUICK ZIGZAG TO LOD; NATURAL WEAVE;; CHANGE OF DIRECTION;

- QQQQ 5 fwd R (W bk) start RF trn, sd L, XRB (W XLIF), sd L; BJO/DLW
SQQ 6 fwd R start RF trn, -, sd L, bk R (W bk R, - cl L heel trn, fwd R outside M); BJO/RLOD
QQQQ 7 bk L, R start LF trn, sd L, fwd R; BJO/DLW
SS 8 fwd L DLW start LF trn, -, sd R, draw L to R no weight; CP/DLC

9-12

DOUBLE REVERSE; TELEMARK SCP; PROM RUN W/LILT; CURVED FEATHER;

- SS (QQQQ) 9 fwd L start LF trn, -, sd R cont trn, -(W bk R, cl L heel turn, fwd R cont trn, XLIF); CP/DLC
SQQ 10 fwd L start LF trn, -, sd R cont trn, sd & fwd L (W bk R, -, cl L heel turn, fwd & sd R); SCP/DLW
QQQQ 11 lowering fwd R to DLW, rise & slight LF trn fwd L BJO/DLW, lower fwd R outside W start slight RF trn, rise fwd L (W fwd L, sd R, bk L, sd R); SCP/DLW
SQQ 12 fwd R, -, start RF trn fwd & sd L, cont RF trn fwd R outside W checking (W fwd L, - R, bk L);

13-16

BK TIPPLE CHASSE & PIVOT 3 TO;; OVERSWAY; FALLAWAY RONDE SLIP;

- SQ&Q 13 start RF trn bk L, -, sd R/cl L, fwd R to LOD pivoting to CP/RLOD;
SS 14 cont RF pivot bk L, -, fwd R, -;CP/LOD
S--- 15 cont RF trn sd L to LOD prom sway stay low, -, rotate LF chg sway;
QQQQ 16 lose sway rec R, ronde L CCW, bk L start LF trn, bk R (W rec L, ronde R CW, bk R, fwd L);CP/DLC

PART B

1-4

BOUNCE REVERSE FALLAWAY; WEAVE ENDING; HOVER TELEMARK; OPEN NATURAL;

- QQQQ 1 lower fwd L start LF trn, rise sd R, lower XLIB, rise bk R (W bk R, sd L, XRB sharp LF trn, fwd L); BJO/DRC
QQQQ 2 repeat PART A meas 7; BJO/DLW
SQQ 3 fwd L, -, fwd R start RF trn, fwd L (W bk R, -, L, fwd R); SCP/DLW
SQQ 4 fwd R start RF trn, -, sd L, bk R (W fwd L, -, fwd R, L); BJO/DRC

5-8

BACK SLOW CHASSE TO; RIGHT LUNGE & ROLL TO; OUTSIDE CHECK; TOP SPIN 4;

- SQQ 5 bk L to DLW start RF trn, -, sd R, cl L; CP/COH
SS 6 sd & slightly fwd R to R lunge line, -, trn RF rec L w/R sd stretch look L (W look R), -; CP/DLC both looking DRC
SQQ 7 lose sway bk R start LF trn, -, sd & fwd L, fwd R outside W checking; BJO/DRW
QQQQ 8 start LF trn XLIB, bk R, sd & fwd L, fwd R outside W; BJO/DLC

9-12

DOUBLE REV; TELEMARK SCP; PROM RUN W/ LILT; MANUEVER & QUICK PIV 2 TO;

- SS (QQQQ) 9 repeat PART A meas 9; CP/DLC
SQQ 10 repeat PART A meas 10; SCP/DLW
QQQQ 11 repeat PART A meas 11; SCP/DLW
SQQ 12 fwd R start RF trn to CP/RLOD, -, bk L cont trn, fwd R cont trn; CP/LOD

13-16

OVERSWAY; FALLWAY RONDE SLIP; REVERSE TURN FULL;;

- S--- 13 repeat PART A meas 15;
SQQ 14 repeat PART A meas 16;CP/DLC
SQQ 15 fwd L start LF trn, -, cont trn sd R, bk L (W bk R, -, cl L heel turn, fwd R); CP/RLOD
SQQ 16 start LF trn bk R, -, sd & fwd L, fwd R outside W; BJO/WALL

PART C

1-4

HOVER TELEMARK TO BFLY; QUICK THRU SIDE BEHIND; ROLL 3; SYNC VINE 4;

- SQO 1 fwd L, -, fwd R start RF trn, fwd L (W bk R, -, L, fwd R); BFLY/WALL
 QQS 2 fwd R, sd L, XRB, -; BFLY/WALL
 SQQ 3 start LF trn fwd L, -, bk R cont trn, sd L; BFLY/WALL
 SQ&Q 4 XRF, -, sd L/XRB, sd L; BFLY/WALL

5-8

I/O RUNS IN SHDW HDSK (3 MEAS);; CHASSE TWIRL ACROSS;

- SQO 5 start RF trn fwd R across LOD, - sd L join R hds, fwd L (W fwd L, R, L); R HNDS joined both fc LOD
 SQQ 6 sm fwd L, -, fwd R, L (W start RF trn fwd R across LOD, sd L, fwd R); R HND joined both fc LOD
 SQQ 7 repeat meas 5;
 SQ&Q 8 fwd L, -, sm sd R/cl L, fwd R lead W to twirl RF under joined R hands (W fwd R across LOD start RF trn, -, sm sd L cont trn/cl R, sd& bk L total trn 1 1/2); blend to BFLY/LOD;

9-12

HOVER TELEMARK; QUICK THRU SIDE BEHIND; ROLL 3; SYNC VINE 4;

- SQO 9 repeat meas 1;
 QQS 10 repeat meas 2;
 SQQ 11 repeat meas 3;
 SQ&Q 12 repeat meas 4;

13-16

I/O RUNS IN SHDW HDSK;;NATURAL WEAVE BLEND CP;;

- SQO 13 repeat meas 5;
 SQQ 14 repeat meas 6;
 SQQ 15 repeat meas PART A meas 6; blend to BJO/RLOD;
 QQQQ 16 repeat meas PART A meas 7;

END

1-4

HOVER; QUICK OPEN REVERSE; BK TO BFLY HINGE; W ROLL TO OPEN M REC;

- SQO 1 fwd L, - sd R, rec L; (W bk R, sd L, rec R); SCP/DLC
 QQQQ 2 fwd R, start LF trn fwd L, sd R, bk L (W fwd L, sd R, sd L, fwd R); BJO/DRC
 QQ-- (QOS) 3 repeat INTRO meas 1;
 --S (QOS) 4 repeat INTRO meas 2;

5-8

OPEN CONTRA CHK MAN TRANS BFLY; HEST CHG; DOUBLE REVERSE; FWD TO RT LUNGE

- SQ- (SQQ) 5 repeat INTRO meas 3;
 SS 6 repeat INTRO meas 4;
 SS (QQQ) 7 repeat PART B meas 9;
 QQ 8 fwd L start LF trn, lowering sd R to DLW into sharp R lunge line man look at W W's head L;

HEAD CUES IN 4 MEASURE GROUPS

SEQUENCE INTRO,A,B,C,B,END

INTRO wait drum roll and 2 pu notes

BK TO BFLY HINGE; W ROLL TO OPEN M REC; OP CONTRA CHK M TRANS BFLY; HEST CHG;

A

DOUBLE REVERSE; SPLIT RONDE; QK ZIGZAG TO REV; X-SWL BJO & PNT;
 QK ZIGZAG LOD; NAT WEAVE;; CHG OF DIRECTION;
 DOUBLE REVERSE; TELEMARK SCP; PROM RUN W/LILT; CURVED FEATHER;
 BK TIPPLE CHASSE & PIVOT 3 TO;; OVERSWAY; FALLAWAY RONDE SLIP;

B

BOUNCE REVERSE FALLAWAY; WEAVE ENDING; HOVER TELEMARK; OPEN NATURAL;
 BK SLOW CHASSE TO; RIGHT LUNGE & ROLL TO; OUTSIDE CHECK; TOP SPIN 4;
 DOUBLE REVERSE; TELEMARK SCP; PROM RUN W/LILT; MANUEVER & QK PIV 2 TO;
 OVERSWAY; FALLWAY RONDE SLIP; REVERSE TURN FULL;;

C

HOVER TELEMARK TO BFLY; QUICK THRU SIDE BEHIND; ROLL 3; SYNC VINE 4;
 I/O RUNS IN SHDW HDSK (3 meas);; CHASSE TWIRL ACROSS;
 HOVER TELEMARK; QUICK THRU SIDE BEHIND; ROLL 3; SYNC VINE 4;
 I/O RUNS IN SHDW HDSK;; NATURAL WEAVE BLEND CP;;

END

HOVER; QK OPEN REVERSE; BK TO BFLY HINGE; W ROLL TO OPEN M REC;
 OP CONTRA CHK MAN TRANS BFLY; HEST CHG; DOUBLE REVERSE; FWD TO RT LUNGE

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